

Heather was born in Detroit, Michigan. She graduated from Catholic University of America with a BS in Architecture. She has worked in the field and has also been a stay at mom, a substitute teacher and most recently written a memoir.

When she was diagnosed with breast cancer in 2006, twenty years after her mom was diagnosed, she feared that they would share similar journeys.

After a recurrence in 2007, she has been in remission, and realized how much had changed since 1987 since her mom died. This wasn't her mother's journey and she has written a candidly honest memoir about her experience with breast cancer with the intention of inspiring others going through a difficult experience!